FEEL GOOD FESTIVAL

Students and staff benefited from many activities at the Feel Good Festival held at Brookes in February, including wellbeing workshops, mental health information, health checks and by making sustainable and healthy pledges. See below how staff and student pledges contributed to lower CO2 emissions and make a positive impact on the environment.

GLOBAL CORPORATE CHALLENGE

The GCC is a work-based health and well-being programme which is growing in popularity worldwide and has successfully helped participants improve their health and wellbeing. In 2014, 399 members of staff participated in 57 teams and together walked a distance equivalent to crossing the Sahara 186 times!

How did staff benefit last year?

TOP 4

Brookes was ranked in the top four among 96 HE institutions globally and in top three in the UK

Stress level decreased 67% either at home or work and 42% staff reported an increase in their productivity

Together staff burned 21,138,345 calories, which is equivalent to 88,076 slices of pizza

weight loss was over 943 kilos, the same weight approximately as 47 pieces of luggage

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SMALL ACTIONS – BIG RESULTS!

112 people
34% of pledges were confirmed to have been done
4,205 kgCO2 pledged
1,069 kgCO2 confirmed (over the two-month period)
5,783 kgCO2 saved per year

188 chickens

202 cups of tea

3,692 miles

2.5 Mt Everests

188 chickens worth of meat saved by people doing Veg out
202 cups of tea brewed more efficiently by people doing Tea time
3,692 miles were walked by people doing Walk on.
2.5 Mt Everests were walked by people doing Walk on.
That’s as much as walking from Oxford to Oslo 3 times!
EQUALITY, DIVERSITY AND INCLUSION

Brookes is committed to building a vibrant, diverse and positive working community ensuring that all individuals who come in contact with the University are treated with dignity and respect. We take a holistic approach towards Equality, Diversity and Inclusion and ensure these principles are taken into consideration across all areas of the University’s operation and in the decision making process of everything we do.

KEY ACTIVITIES AND ACHIEVEMENTS IN 2013 -2014

Oxford Brookes University was successful in its application to participate in the trial of the Equality Challenge Unit’s new Race Equality Charter Mark, which covers both staff and students.

Brookes became a Stonewall Diversity Champion and is working with Stonewall as well as LGBT staff and students to explore how to foster its membership.

The Athena SWAN Awards recognise and support the careers of women in higher education in STEM related subjects and medical departments. Brookes holds a Bronze Award and has a solid foundation for eliminating gender bias and developing an inclusive culture that values all staff members.

Centre for Diversity Policy Research and Practice (CDPRP) celebrated its 10th anniversary in May 2014.

Two Ticks – In January 2014, the University was successfully re-accredited under the Job Centre Plus Two Ticks scheme.

KEY ACTIVITIES AND ACHIEVEMENTS IN 2013 -2014

Brookes Active Project

Brookes Sport has been awarded a grant of £160k for over three years by Sport England to provide new sport sessions within and outside the normal facilities, specially targeting those staff and students who would not normally join such activities. The new project is named Brookes Active. The current timetable is usually student-led and, in 2014, the project offered a wide range of sessions which included Pongathon (Table tennis) at Brookes Union, which had over 500 attendees over the year, tennis at Cheney School, sailing at Farmoor Reservoir and fitness classes at Clive Booth Student Village Postgraduate Centre.

Brookes Active’s plan is to combine and coordinate academic departments, research groups and directorates to provide a broad and embedded approach to sport, health, physical activity and wellbeing for the whole university community.

The initiative also involves greater link-ups with local sports groups and national governing bodies to support as many students as possible.

Having listened to the students’ voice we can now offer them access to sport-specific coaches in a broad range of activities, inspiring them to continue or start enjoying sport, and increase their level of activity.

Keith Kelly, Director of Sport