



STUDENTS

**Want to stop smoking?
Try quitting by text!**

Oxford City Primary Care Trust is offering a **FREE** text messaging service designed to support young smokers who want to give up smoking.

The service will commence in mid-November.
You will receive texts over a period of four weeks.
All your details will be strictly confidential.



If you would like to join the service or for more information, please contact the **Oxfordshire Smoking Advice Service.**
Tel: 01865 226663.

Help us to create a smoke-free culture