WOMEN needed for the OptiBiotix APPETITE Study

We are looking for female participants to take part in a study investigating the effects of a drink on appetite and food intake.

The study will involve taking a 200ml test drink or a placebo three times a day (i.e. before each main meal) for 4 weeks.

Participants will need to visit the Oxford Brookes Centre for Nutrition and Health (OxBCNH) for a screening and 3 test sessions. Each test session will include:
- Measurements of hunger, appetite and body composition
- Consumption of a test drink or placebo
- Consumption of an ad libitum breakfast (you can eat as much breakfast as you like)

Who?
Women (18-65 years, BMI 25-35kg/m²) who eat regular meals, do not have any significant health problems, are not trying to lose weight and have not increased their physical activity level in the last month.

Where?
Oxford Brookes Centre for Nutrition and Health (OxBCNH) at Oxford Brookes University, Gipsy Lane Campus.

How long will it take?
Each test session will last approximately 2 hours.

What are the benefits?
You will receive healthy eating advice and £50 of Amazon vouchers on completion of the study.

INTERESTED?
If you would like to get involved or would like more information, please contact:

Ify Achebe or Hannah Brennan by email:

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This study is sponsored by OptiBiotix Plc (http://www.optibiotorix.com)

This study has been approved by Oxford Brookes University Research Ethics Committee (UREC 171098)