Social Emotional and Mental Health Difficulties (SEMH)

Oxford Brookes offers two postgraduate courses for professionals working with children and young people who have Social, Emotional or Mental Health difficulties (SEMH). These courses are for those currently working in mainstream schools, special schools, youth clubs, social care settings or pupil referral units.

Applicants should hold a first degree (2.2 or above) and should be working in a relevant setting with children/young people. Teaching and learning on both courses is predominantly by distance education, private study and web-supported learning. Both courses involve a residential weekend (in September) and a further University-based study day in the spring.
Understanding and Managing Social Emotional and Mental Health (SEMH) Difficulties: Postgraduate Certificate (60 Masters credits).

You will analyse the history of SEMH difficulties and explore a range of psychological perspectives that inform our responses to these needs. You will examine current legislation, SEMH assessment, practical interventions and neuroscientific research. Units will also focus on working with families and the promotion of emotional wellbeing.

Course fee 2018: £2,300 (with a £100 refund for SEBDA members)

Advanced Study SEMH: Postgraduate Certificate (60 Masters credits).

In advanced studies you will undertake a critical exploration of theory and practice around trauma, anger management, self-harm, eating disorders, bereavement, anxiety and depression. In addition, emotional development, attachment theory and emotion coaching techniques will be analysed. This postgraduate certificate also includes a research methods component.

Course fee 2018: £2,300 (with a £100 refund for SEBDA members)

60 credits can form one third of the MA Education at Oxford Brookes. Take both postgraduate certificates and a dissertation year and you can achieve an MA Education with a specialism in Social Emotional and Mental Health.

For more information please contact: pgeducation@brookes.ac.uk and to join SEBDA please visit: www.sebda.org