SPORT, COACHING AND PHYSICAL EDUCATION

BSc Single Honours
BA/BSc Combined Honours

Department of Sport and Health Sciences
The Sport, Coaching and Physical Education degree at Oxford Brookes is an exciting, employability-oriented and professionally directed degree. It is designed for those with aspirations to coach sport, educate through the physical and gain a broader understanding of the sporting sector in the process. It provides insight which comes from key practical involvement in sport but also examines underlying theories which provide context and philosophy. It appeals to men and women alike (from the UK and much further afield) and has been commended for its coach and athlete centred approach to study as well as its student satisfaction, industry links and relevance to the development of our future educators.

THE COURSE
The course combines theory with practice related to a range of disciplines in sport, coaching and physical education. This includes areas in applied practical coaching, performance analysis, sports development, physical education and sports media.

A key feature of the course is its integration of applied professional practice. This could include working alongside professional coaches, examining sport and physical education provision in schools and designing and implementing development plans with sports organisations.

COURSE CONTENT
Sport, Coaching and Physical Education may be studied as a single honours degree or combined with other subjects such as Psychology. It can be studied on a part-time or full-time basis.

You will study a range of modules which focus on the key aspects of Sport, Coaching and Physical Education. In your first year the emphasis will be on demonstrating your written, practical performance and presentational abilities in all modules.

Second year students have greater opportunities for choice and specialisation which is directly reflected in the variety and relevance of assessment types offered. The ability to compare, contrast, reflect and relate concepts is evaluated by more challenging tasks, more compulsory elements for each module and greater connectivity between academic, performance coaching and professional insights.

Final year students demonstrate their ability to function individually and in group/research settings with all important opportunities to cope with working under supervised conditions, develop independence and the ability to think more critically.

INDICATIVE MODULES

YEAR 1
- Sport Pedagogies
- Coaching: Practice to Theory 1
- Skill in Sport: Learning and Mechanics
- An Introduction to the Sociology of Sport
- Academic and Research Literacy
- Exercise Physiology and Anatomy
- The Sports and Exercise Practitioner
- Effective Coaching Practice

YEAR 2
- Sport and the Modern City
- Global and Cultural Studies in Sport
- Research Methods for Sport, Coaching and Exercise Sciences
- Professional Practice in Sport Coaching
- Coaching: Practice to Theory 2
- Principles of Training for Sport and Exercise
- Sports Psychology
- Sports Development
- Special Study in Sport and Health Sciences
- Sport and Exercise Biomechanics
- Work Experience
- Applied Sport and Exercise Physiology
- Sport and Exercise Nutrition

YEAR 3
- Integrated Approaches to Training and Performance
- Applied Sports Psychology
- Advanced Social Theory in Sports Coaching
- Advanced Coaching Practice
- Independent Study in Sport and Health Sciences
- Dissertation

WHY STUDY AT BROOKES?
CAREER PROSPECTS
Continued growth and investment in UK sports provision offers good career prospects for motivated graduates. Your leadership, problem solving and communication skills developed throughout the course will equip you for a career in a range of professions within local authorities, national governing bodies, sports clubs, schools and private organisations. Our graduates have taken posts as:

- Cricket Coach in Independent School in Argentina
- P. E. Teacher/National age group coach in Kenya
- Lacrosse Coach/Teacher in Sweden
- Professional rugby player with Rotherham and Jersey
- Academy Football Coach at Fulham F. C.
- Minor Counties Professional cricketer
- Physiotherapist in Oxfordshire
- Personal Trainer in SW London
- Graduate Officers in Police and Royal Navy
- Performance Analyst/Strength & Conditioning coach at Oxford United
- Head Hunter in the City of London

Michael Hopkins, Sport, Coaching and Physical Education

Football has played a hugely important part in my life - I represented Reading Football Club’s Academy for five years and although I wasn’t offered a contract to become part of their squad of apprentices I gained a new impetus to refocus on coaching. After completing my FA Levels One and Two Certificates in Coaching Football I decided that a university degree would be ideal to gain greater knowledge on the theoretical side.

The course at Oxford Brookes taught me so much. I gained a wide range of skills and have been able to fit what I’ve learned into my coaching - my dissertation, centred on athlete knowledge construction, was particularly relevant. I enjoyed the course immensely and I feel like it has prepared me well for gaining my FA Level Three Certificate in Coaching Football, which is my next goal.
TEACHING LOCATION
Harcourt Hill Campus

DURATION
Full time: 3 Years
Part time: Up to 6 Years

ACADEMIC FACULTY
Health and Life Sciences

HOW TO APPLY
All full-time applications should be made through UCAS. See our website for course codes. All part-time applications should be made directly to the university using the university application form. Applicants are encouraged to give details of their active interest in participant sport and exercise. [www.brookes.ac.uk/studying-at-brookes/how-to-apply/]

OPEN DAYS
Please check our website regularly, where details of our open days will be advertised. [www.brookes.ac.uk/studying/contact/opendays]

STANDARD ENTRY REQUIREMENTS AND TYPICAL OFFERS
We accept a wide range of qualifications including A levels, Baccalaureate, BTEC and CACHE diplomas and in some cases prior work experience and training.
- BBC at A level or
- International Baccalaureate 30 points or
- BTEC Diploma in a relevant field of study at DMM or
- CACHE Diploma in a relevant field of study at B or
- Access to Higher Education qualifications in a relevant field of study or
- Other A level equivalent qualifications will be considered.

Standard entry requirements also include:
- 5 subjects at GCSE passed at Grade C or above, including English and Maths.
For combined honours our typical offer will lie between those for the two individual subjects.

USEFUL CONTACTS

ENQUIRIES
Telephone: +44 (0)1865 484848
Email: query@brookes.ac.uk

ADMISSIONS
Telephone: +44 (0) 1865 483040
Email: admissions@brookes.ac.uk

FOLLOW US ON...
Facebook [www.facebook.com/brookes.shs]
YouTube [www.youtube.com/oxfordbrookes]

To enquire about other formats, please call our enquiry centre on +44 (0) 1865 484848 or email query@brookes.ac.uk

Oxford Brookes promotes equality of opportunity for all who study, work and visit here. For more details please visit [www.brookes.ac.uk/services/hr/eod] or phone +44 (0)1865 485929.