The Institute of Leadership and Management (ILM) Level 5 Certificate in Coaching and Mentoring is for managers, team leaders and those people who use coaching and mentoring as part of their work and who want to gain a highly sought after, practical coaching qualification.

The programme equips managers with the essential skills for developmental coaching work and explores the benefits of coaching to individuals and organisations. Coaching enables people to learn through facilitating thinking, and to enhance their performance through powerful conversations. Key models are covered along with an understanding of how individuals learn and change.

THE PROGRAMME COMPRISSES 3 UNITS:
- Understanding the skills, principles and practice of effective management coaching and mentoring.
- Undertaking management coaching or mentoring in the workplace.
- Reviewing own ability as a management coach.

THE PROGRAMME INCLUDES:
- Interactive workshops
- Coaching supervision
- 1:1 tutorials
- Learning practice sets
- Self directed learning
- 12 hours coaching practice
- 2 written assignments

DATES:

FEES:
Fees are £1,800 per delegate.

For more information please contact: ocsld@brookes.ac.uk or contact Alison Cumpsty at 01865 485849