NEWSLETTER FEBRUARY 2019 ISSUE

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WORKSHOP DATES FEBRUARY - MARCH 2019 AT A GLANCE

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<td>Working collaboratively within the University</td>
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<td>Introduction to project management</td>
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PRINCIPAL LECTURER OR SENIOR LECTURER (EDUCATIONAL DEVELOPMENT)

Full Time, Permanent - Academic

Senior Lecturer: £40,792 rising annually to £50,132 or Principal Lecturer: £51,630 rising annually to £58,089

We are seeking a new academic Educational Development Consultant to join the Oxford Centre for Staff and Learning Development (OCSLD) and to shape the future direction of Educational Development at Oxford Brookes University.

This is a unique, challenging and rewarding role which is being offered at either of two grades and salary points (Senior or Principal Lecturer) to ensure we find the right candidate. It is also open for job share (0.4 FTE minimum).

For more information please see Brookes vacancies. The closing date for applications is 7 March 2019 and interviews will be held on 29 March 2019.

SUPPORT FUTURE NATIONAL TEACHING FELLOWSHIP & COLLABORATIVE AWARD FOR TEACHING EXCELLENCE APPLICANTS WORKSHOP

11 February 2019 Book now

Join us for a session full of practical tips on preparing for a future NTF or CATE application.

The Facilitator will be Penny Sweasey, who has worked with the HEA as an NTF Assessor and led a successful scheme for NTFS and CATE at Manchester Metropolitan University. Penny currently leads the University Alliance Teaching Excellence Alliance programme. Penny will explore opportunities to build up your profile and help you plan for your own submission.

Topics covered will include:
- Information about the NTF & CATE schemes.
- Factors for success.
- How to evidence your own impact!

The Oxford Brookes NTF & CATE scheme lead, Dr Mary Deane will also be on hand to advise or schedule a follow-up session with you.

For an informal chat, contact Mary via:

EXTERNAL EVENT
SEDA SUPPORTING PROGRAMME LEADERS AND PROGRAMME LEADERSHIP

11 April 2019, Higher Educations Futures Institute (Old Gym), University of Birmingham Price: £95.00

Book here

The workshop offers a developmental opportunity for programme leaders and those interested in programme leadership to explore the role in their specific contexts, consider how to better frame and define the role and look to the various aspects of programme leadership in 2 break-out sessions:
- Academic leadership: programme level assessment
- A year in the life of a programme leader

It will close with a large group session exploring the development of programme directors’ personal efficacy.

FEEL GOOD FESTIVAL 2019

Explore the full programme and book a place on the Feel Good Festival webpages.

The underlying themes of the Festival, which research has shown to make a major contribution to how we feel, are the ‘5 ways to wellbeing’:
- Be active and care for your body
- Connect with the people around you
- Keep learning
- Give to others
- Take notice
HAVE YOU COME ACROSS FUTURE LEARN?

February could be the ideal time for an introduction.

About Future Learn

Over 2¾ million people in the UK have at some point signed up to Future Learn to pursue an interest via an online course.

Owned by the Open University, it has partnered with over 150 Universities and specialist organisations (examples NHS, Raspberry Pi, Chartered College of Teaching) to provide a wide range of courses.

The online courses have been designed according to principles of effective learning, through storytelling, discussion, visible learning, and using community support to celebrate progress.

Why February?

February is often synonymous with dark, cold, damp evenings, with little to do outdoors.

So why not browse the online courses offered by Future Learn. Here are a few examples:

- Bookkeeping for Personal and Business Accounting
- Introduction to Data Science with Google Analytics: Bridging Business and Technical Experts
- An Introduction to Forensic and Bio-archaeology: Reading Human Skeletal Remains
- Management and Leadership: Well-being and Welfare at Work
- Inspiring Young People In STEM: Resources and Diversity

Go to https://www.futurelearn.com to find a course that might interest you.
BROOKES TEACHING EXCELLENCE FELLOWSHIP AND INNOVATION PROJECT AWARD WORKSHOPS 2019

The Brookes Teaching Excellence Fellowship recognises outstanding and effective work to enhance the experience of our students not only within one department but also across the Institution. This Fellowship is a prestigious accolade that comes with funding for professional development.

The Innovation Project Award provides funding for fresh and exciting new initiatives designed to enhance any aspect of the Brookes Student Experience. For 2019, project proposals are encouraged which seek to tackle a specific issue relating to Equality, Diversity, or Inclusion at Oxford Brookes.

The deadline for this year’s Brookes Teaching Excellence Fellowship and Innovation Project applications is 25 April 2019.

Colleagues from all areas of the University are invited to apply to become a Brookes Teaching Excellence Fellow or submit an Innovation Project Proposal. For an initial informal chat, contact the scheme lead, Dr Mary Deane via: mdeane@brookes.ac.uk

Workshops providing more information will also take place on:

- 12 - 1 pm Thursday 28 February in Gibbs 221 Headington campus Book now
- 12 - 1 pm Tuesday 5 March in Gibbs 221 Headington campus Book now

NEWSLETTER FEEDBACK

We are continually seeking ways to improve our latest issue. We would really like to hear from you with your ideas of what you would like to see and engage with.

The OCSLD Team

ACCESS ENTERPRISE GRANTS AWARDED TO BROOKES EMPLOYABILITY CHAMPIONS

Congratulations to the following colleagues, who have been awarded an Access Enterprise Grant.

- David Carugo
- Gina Dalton
- Beverley Fulton
- Dr Irene Hill
- Dr Andrea Macrae
- Dr Laura Novo de Azevedo.

The Access Enterprise projects will impact directly on Brookes students’ employability prospects through collaborations with industries, exposure to discipline-specific career planning within modules, and fresh links between alumni, professionals and current students. Access Enterprise award holders also receive support from OCSLD to explore ways of embedding employability support into their programmes.

For further information contact Lydiah Igweh via lydiahigweh@brookes.ac.uk

For support to make a future application, contact Dr Mary Deane via mdeane@brookes.ac.uk

LEADERSHIP AND MANAGEMENT ILM AWARD LEVELS 3 AND 5

You can take the workshops below individually or combine them to obtain a level 3 or 5 Award in Leadership and Management. For more information please contact ocsld@brookes.ac.uk.

- Introduction to Project Management Book here

  Do you have responsibility for managing large or small projects? This workshop provides basic guidance for those new to the task and will also refresh the thinking of those already undertaking a project management role.

- Effective Workplace Presentations Book here

  This is a dynamic workshop focussing on individual needs and confidence for presenting in all types of workplace environments.
NEW PROJECT MANAGEMENT FUNDAMENTALS

This course is delivered by the Strategic Change and Projects Governance Team. Book here

This course is for staff who are currently managing projects at Oxford Brookes, or staff who will be managing a project within the next 6 months. We will also consider staff who are performing a significant supporting role to a project, where it can be demonstrated that this training will contribute to the success of the project.

We will require supporting information (1 or 2 paragraphs will be sufficient), along with line manager approval for you to enrol in this course.

1. A Brief description of the project (title, objectives, and an indication of scale - i.e. who is impacted and what is the estimated duration and cost, if known)
2. Your role in the project
3. Why this course will benefit you, the project and the University

This information will help us to tailor the course and any post-course support to your needs. It will also help us to prioritise participants wishing to attend, as we are anticipating this to be a very popular course.

The syllabus covers all the key elements of project management, including:

- Initiating a project
- Business cases
- Planning and scheduling
- Resource management
- Risk and issue management
- Quality management
- Change control
- Communication and stakeholder engagement
- Project roles and governance
- Teamwork and project leadership
- Project reviews

This is a two-day classroom-based course. The one hour exam will be held on day two.

MANDARIN LANGUAGE COURSE FOR BROOKES STAFF

The Confucius Institute is pleased to offer a free Mandarin language course to all Brookes staff.

Due to previous demand, they are offering a Wednesday lunch session and Thursday lunch session at the Gipsy Lane Campus.

To join the Wednesday sessions please register here, and to join the Thursday sessions please register here.

For staff at Harcourt Hill Campus, there is a lunchtime session held Thursday afternoons and can be booked here.

All materials are provided by the Confucius Institute and its teachers.

For more information please contact: ci@brookes.ac.uk

RETIREMENT PLANNING WORKSHOP

26 and 27 June 2019 Book here

The workshop brings together a number of contributors from inside and outside the University facilitated by OCSLD.

Day 1: the day centres itself around general financial planning aspects of retirement planning.

Day 2: the day examines the specifics of retirement planning at Brookes and its nominated pension schemes.

Also see the OCSLD Retirement webpages for useful information prior to the workshop.

NEW STAFF IN OCSLD

Kat (Kathryna) Kwok started in January as an Educational Research Assistant. Kat has just completed an MSc in Applied Linguistics and Second Language Acquisition at the Department of Education, University of Oxford.

Susie Howes has just started with us in February as a Staff Developer. Susie is a scientist, coach, NLP and MBTI practitioner with a background in training, medical education and forensic DNA technology. She is also a Mental Health first aider.
HAPPINESS THROUGH GOAL-SETTING

This newly developed training course is based on research conducted within the Oxford Brookes Business School by Dr Christian Ehrlich. It focuses very much on people’s four most important goals in life – these could be professional as well as private goals. The specific focus of this happiness training is on people’s reasons why they strive for those four most important goals. More specifically it contains insights into how to increase the amount of fun people can have during their goal-pursuit but also the importance of helping others as a major driver of happiness. Equally, it centres on the notion that the degree to which we pursue our goals to prove our self-worth leads to a decrease in our happiness. Finally, the training course aims to identify ways of being less driven by necessity – which again has been shown to be happiness reducing. The core themes of the training programme are further underpinned by drawing on research findings around job crafting and assertiveness – two central themes that will help participants to make more successful changes to the reasons why they strive for their goals.

CONTENTS OF THE TRAINING COURSE

Session 1: The foundation of the training course
This section explains the underpinning research of the training course, why goals are an important aspect of our lives and why they have an impact on our overall happiness in life.

Session 2: Job Crafting
This section starts with the idea that we need and should make changes to our external environment, for example, our job or the way we pursue goals, in order for these goals to fit with our passion or with what we stand for.

Session 3: Assertiveness
This section is all about the notion, that our environment does not (always or necessarily) allow us to pursue our goals in the way we want to. Hence, we need to assert ourselves so we can make changes to our goals so they fit with our individual preferences. This, at times, requires to assert ourselves against resistance from others.

Session 4: Self-esteem
This section introduces the very powerful idea that we cannot and should not try to prove our self-worth to ourselves. It introduces concepts such as secure self-esteem or self-compassion. Based on these ideas participants are encouraged to let go of happiness-decreasing concepts such as high conditional self-esteem.

A great opportunity to take a FREE Course in Happiness.

Available to all 18-65 year old employees.

To sign up or for further information, please email: commercialservices@brookes.ac.uk

Session 5: Pleasure
This section explores with participants how to put as much fun as possible into our goals. Pleasure is an essential part of why we do things – and all too often this important goal-ingredient is missing or not a strong enough driver of our goals.

Session 6: Necessity
This section considers the impact on our psychological well-being if we would consider not having to have the next best thing but just enough to have a good life – beyond the pursuit of materialistic wealth. It also introduces the notion of social comparison and how damaging it can be to (overly) compare yourself with others.

Session 7: Altruism/helping others
This section looks into the importance of helping others as a mean to increase our own happiness. Helping others, or being able to help others – is a very rewarding thing and has consistently been shown to increase our own happiness. Thus, one element of this session is to think about how to build acts of kindness into our goals.

Session 8: Wrap-up
This section concludes and summaries the learning from the previous sessions. It also offers participants to arrange individual 1:1 coaching sessions to further elaborate on how the concepts discussed within the training course can be further applied to their own life situation.

The course is held over 1.5 days on multiple dates in:
- 28 - 29 March 2019
- 16 - 17 and 30 - 31 May 2019
- 13 - 14 and 27 - 28 June 2019

CONNECT WITH OCSLD

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