Painting competition:
‘What do nurses do?’
WELCOME

Welcome to the first Nursing Newsletter from the Faculty of Health and Life Sciences.

It has been a busy year for all nursing students and staff and we hope to give you an insight into our work and collaboration in this newsletter.

You will find articles on; the plans for our 125 years of nursing education celebrations; student and staff achievements; news of our new Institute for Nursing and Allied Health Research OxNAHR; how you can follow us on Twitter etc.

If you would like to contact us about how you can be more involved in Nursing at Brookes please do email us at the addresses below.

Best wishes

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Congratulations to 10
125 YEARS OF NURSE EDUCATION IN OXFORD

In 2016, Oxford Brookes University will be celebrating 125 years of Nurse Education in Oxford with a year-long series of special events.

The training and education of health care professionals has long been a cornerstone of life in Oxford. Throughout the 20th and 21st Centuries Oxford Brookes has played its own vital role in working with local partners to provide professional healthcare education.

Nursing training in Oxford can trace its origins back to 1872. Then a non-regulated education, the early beginnings of a formal nurse education started in 1891 at the Radcliffe Infirmary on Woodstock Road.

Nurse education continued to blossom at the Radcliffe Infirmary (RI) until it was transferred to the new John Radcliffe site, which opened in 1979. This new site also allowed for the expansion of Continuing Professional Development for qualified nurses. In 1989 the traditional Royal Guild of Nurses training was replaced by a four-year degree in nursing, and the School of Nursing came into formal existence at the Oxford Polytechnic, which has since become Oxford Brookes University.

1997 saw the formation of the School of Health Care, after the merger of the Oxford Radcliffe School of Nursing and the Dorset House School of Occupational Therapy (itself a pioneer in OT education since the 1930s). An Adult Nursing programme was then introduced at Oxford Brookes’ Swindon Campus in 1999.

In 2004, the School of Health and Social Care moved from twelve separate sites across Oxford to the newly acquired Milham Ford Girls School in Marston, meaning, at last, all the health and social work programmes were situated together on one site.

A full calendar of celebratory events, including a lecture series, social events, exhibitions, competitions and fundraising activities, are being planned to mark next year’s anniversary.

A special anniversary publication will also be published at the start of 2016.

As part of the 125 year celebration of Nurse Education in Oxford a painting competition with local schools has already taken place. Primary school children were asked to paint "What a nurse does". The picture on the front cover of the newsletter is the winner of 9 year old age category at Ferndale, Swindon. All the winning pictures will appear in the special anniversary booklet.

More information, including the full calendar of events, shall be made available on the dedicated 125 Anniversary webpage at http://nursing.brookes.ac.uk/125-years from September 2015.

Dr Liz Westcott, Head of the Department of Nursing, would be delighted to hear if you have any memories you would like to share of your time as a student or staff member at the School of Nursing, Oxford Polytechnic or Oxford Brookes University. We would love to hear from you!

To find out more and get in touch, please email Liz Westcott, Head of the Department of Nursing, at westcottej@brookes.ac.uk. You can also follow the celebrations on twitter using #125YearsOxfordNursing.
The education and facilitation of learning in nursing practice is my passion and as part of the Placement Lead role I'm engaged daily in activities that allow for this... therefore I'm lucky to do a job I enjoy, but that doesn't mean it's always easy!

I oversee the placement allocation for 450 nursing students across the three or four years of their programme, and have a leadership role in ensuring the quality of their practice learning experience in over 150 learning environments.

On a daily basis my job can include all of the following...

I interface with large organisations such as the NHS, private, voluntary and independent sector and other Universities to explore ways to maintain and improve student experience in practice learning. I also work very closely with the Faculty Practice Education Unit administrative team, to ensure timely appropriate allocation and support of students.

I represent the Adult Nursing programme at strategic and operational practice learning committees, seeking out opportunities that positively support the education of our pre-registration nursing BSc and MSc Nursing students. I also teach and assess students, and this can be in a variety of ways: one-to-one, classroom, lectures, seminars, coaching and mentoring. I also develop resources to support students in practice.

Students mentors and lecturers are all individuals with individual needs and methods of communication. I aim to accurately understand their specific requirements, and often find myself involved in the facilitation of sensitive and sometimes difficult and emotional meetings and learning events, where I facilitate resolution and develop positive actions.

I audit learning environments and develop learning opportunities, harnessing the energy of others to move learning forward. I love being creative and the spark of energy when someone I am with learns, realises, and moves forward.

Sometimes I have to respond to urgent practice concerns or learning issues and this can take half an hour or a whole day depending on the issue.

I regularly support new and experienced lecturers in developing their skills as educators in their link between the Faculty and students and mentors in practice. I’m also involved in the redesigning of our curriculum and have engaged with students, mentors, lecturers and service users to ascertain their aspirations for the nursing in 2020.

So put simply, my day looks like this...
Communicate, Think, Communicate, Lead, Communicate, Troubleshoot, Communicate, Teach, Communicate and say No, communicate and say Yes, lets see how we can make that happen...

Adult Nursing Students who have had placements in the past 3 years – coming to the end of their Nurse Education in Oxford
Radcliffe Guild of Nurses

The Radcliffe Guild of Nurses was set up in 1925 and all nurses who graduate from Oxford Brookes can join. They celebrated their 90th Anniversary in June with a meeting and lunch for 120 Guild members. Many Brookes graduates have joined over the years and it is a great way to keep up with your peers and also to meet nurses who have been educated in Oxford and now Swindon too, as a common link.

This cake was made for the celebrations which also included a tour of what remains of the Radcliffe Infirmary building on Woodstock Road. The Guild members were very excited to hear about the 125 years celebrations as they spear headed the 100 events and are keen to meet students and attend as much as possible over the year. To join the Guild please email athene.logan@yahoo.co.uk for more details.

Visit from Spanish Colleagues

On 21 July the Faculty welcomed Dr Francisco Javier Acebedo Esteban, Professor in charge of the Master in Emergency and Critical Care for Nurses, and Dr Miguel Cachón, Professor in charge of the degree and Post Degree on Emergency and Critical Care for Nurses both from the Nursing Department, Biomedical and Health Sciences School, Universidad Europea de Madrid. The visit was coordinated by Dr Liz Westcott, and Dr Louise Stayt, Barry Ricketts, Emma Innes and Clair Merriman all generously gave time to meet with Francisco and Miguel and talk to them about simulation education in nursing in the Faculty. The trip to Oxford was part of a week-long visit to the UK, coordinated by the Centre For The Advancement Of Interprofessional Education, which also included visits to Nottingham, East Anglia and Aberdeen Universities.

Successful Dementia Conference held in JHBB

As part of the work of DAAG (the Dementia Academic Action Group), which consists of Oxford Brookes and three other local universities, and who are funded by Health Education Thames Valley (HETV) and Oxford Brookes hosted a Dementia conference day on 15 July. The morning consisted of Tier 1 Dementia Awareness Training, which is now mandatory for most health and social care employees, regardless of position. This was delivered by Peter Zaagman, who was responsible for the design of this package in collaboration with Melsina Makaza from the University of Bedfordshire. The package is currently being delivered throughout the HETV region to a wide range of health and social care staff.

The afternoon focussed on Challenging Behaviour in People with Dementia, and some possible interventions. This was Tier 2 level training for people who have some prior knowledge and experience of dementia. The afternoon included presentations by Peter Zaagman (Principal Lecturer), Rozz McDonald (Senior Lecturer in Occupational Therapy), and Dr Kathryn Evans, Consultant Clinical Psychologist, Oxford Health NHS Trust.

The conference was attended by 128 people from 27 different health and social care providers and HEI’s, and was very well evaluated. It is the intention to make this an annual event.
New Professor of Nursing Debra Jackson

We welcomed Professor Debra Jackson to the Faculty in January 2015. Professor Debra Jackson is an experienced nurse researcher, supervisor of research students, writing mentor and coach.

She leads research programs in adolescent and family health, with a particular focus on parenting; and workforce development and adversity with a particular focus on leadership and workplace culture.

A key objective of her work is to enhance the wellbeing of vulnerable and socially marginalised groups and through the development of sustainable and culturally sensitive supportive interventions.

Debra said: “It is an exciting time to be a nurse. Health care is a dynamic environment and our generation of nurses are facing almost unprecedented change”.

Supported by Health Education Thames Valley, Debra is working collaboratively between the Faculty of Health and Life Sciences and its partners in the Oxford Academic Health Science Centre to increase capacity for nursing research.

Debra is a Fellow of the Australian College of Nursing and a member of Sigma Theta Tau International Honor Society of Nursing (Xi Omicron).

With an extensive publication record including journal articles, books and book chapters, Debra has also coedited three widely used text books, two of which are into their third edition.

Debra is Editor in Chief of Journal of Clinical Nursing and Clinical Case Reports, and sits on the Editorial Boards of Journal of Child Health Care, Nursing Inquiry, and Nursing and Health Sciences.

One of Debra’s key roles is to set up the new Institute for Nursing and Allied Health Research OxINAHR.

The mission of the Oxford Institute for Nursing and Allied Health Research (OxINAHR) is to conduct world class research that will produce knowledge to enhance the health and wellbeing of the population of Oxford, Oxfordshire and beyond. The Institute takes a broad, holistic view of health, to encompass physical, psychological, emotional, spiritual, cultural and social elements; and, consider health and illness to occur in the context of family life. Thus, health issues and challenges are viewed as being concerns for individuals, as well as their families and communities.

More news on this to follow over the next few months.

Sigma Theta Tau International Honor Society of Nursing

Dr Liz Westcott, Juliet Bostwick, Dr Ian Holt, and Dr Ann Ewens were proudly inducted in a ceremony in Leeds in June 2015 into the Phi Mu chapter of the Sigma Theta Tau International Honor Society of Nursing (STTI). STTI was in founded in 1922 and now embraces over 500 Chapters worldwide. The membership has grown to more than 405,000 and actively promotes leadership and scholarship for Nursing Practice. The Phi Mu is the first all-England chapter of this prestigious international nursing scholarship society and attracts members from across England and Europe. It is hosted by Bournemouth University.

The mission is to support the learning, knowledge and professional development of nurses committed to making a difference to peoples’ health and wellbeing both in their local community and worldwide.

A number of other nursing staff from Brookes and local Trusts have also joined this year and we hope to hold STTI events in Oxford and Swindon in the future.
**Macmillan Cancer Support Masterclass at Brookes**

Verna Lavender, Senior Lecturer in Cancer Care, together with Libby Potter and Suzz Keith from Macmillan Cancer Support, have organised a masterclass to be held in the Kennedy Lecture Theatre at Oxford Brookes, on Thursday 3 September 2015.

This free masterclass, entitled Managing Patients Receiving Systemic AntiCancer Treatments, is designed for health professionals who manage the care of people receiving systemic anticancer treatments, acting as an annual CPD update for chemotherapy practitioners.

It will also serve as an opportunity to raise awareness of cancer care and palliative care courses at Oxford Brookes, and in particular promote the forthcoming MSc module Managing Patients Receiving Systemic AntiCancer Treatments, which will be offered in the MSc programmes Cancer Studies, Advanced Nursing Practice, Advanced Practice (Clinical) and Open Award from 2016/17.

We are delighted that UK Oncology Nursing Society President, Catherine Oakley, and Macmillan Cancer Support Head of Health and Social Care, Jacqui Graves, will be featured speakers on the day.

All attendees will be provided with a certificate of attendance for their professional portfolios.

The event is being promoted jointly by the Thames Valley Chemotherapy Group, Macmillan Cancer Support, the UK Oncology Nursing Society and Oxford Brookes University.

**Swindon Nurses SEQOL**

First year Swindon Adult Nursing students Stacey Dunne, Nicola Rickards, Bonnie Collins, Wayne Overend and Vincent and Linda Baah have been part of a new initiative to experience community based practice placements in the first year of their nursing programme.

The students’ first placement was in the social enterprise SEQOL, which provides health and social care to the Swindon community. As a result of attending a multidisciplinary team meeting, the students were asked to develop a week-long Health Promotion Display for the North Swindon Library. The display focused on a variety of aspects of diabetes awareness including information on what diabetes is, signs and symptoms, effects of exercise, body mass and wellbeing, nutritional advice and complications of diabetes.

At the event in the library the students met with and shared their knowledge with the general public and provided resources to support diabetes recognition and management. They were supported by community nursing practitioners who undertook blood glucose monitoring.

The event was a great success and enabled the students to develop experience of team working and health promotion and understand the importance of public health and wellbeing as an essential part of their nursing role.

The initiative at SEQOL has continued to grow into a regular public health commitment and there have been two further displays and associated events.

These have been developed by second and third year Swindon Adult Nursing students and focused on Dementia and Dying Matter Awareness Week, which sees hospices and other organisations from across the country hosting a range of events and activities with the aim of getting people talking about dying, death and bereavement and making plans for their end of life.
PUBLICATIONS

Our Academic staff regularly contribute towards a range of publications and studies in the field of Nursing. Take a look at a selection of what we’ve been involved in recently.

A Beginner’s Guide to Critical Thinking and Writing in Health and Social Care
2nd Edition
Helen Aveyard, Pam Sharp & Mary Woolliams

Fundamental Care:
A Person Centred Approach
Juliet Bostwick, Andrew Kerry & Katie Mills

Recognizing and Managing a Deteriorating Patient:
A randomized controlled trial investigating the effectiveness of clinical simulation in improving clinical performance in undergraduate nursing students

This article reports the results of a randomized controlled trial which explored the effectiveness of clinical simulation in improving the clinical performance of recognizing and managing the adult deteriorating patient in hospital.

Debra Jackson

Babatunde-Sowole, O., Jackson, D., Davidson, P.M. & Power, T. (in press) Coming to a strange land: the West African migrant women's establishment of home and family in a new culture within Australia. Journal of Transcultural Nursing. Published online 02/03/2015


**Analysing the role played by district and community nurses in bereavement support**

Anna Johnson, British Journal of Community Nursing, June 2015

This article explores bereavement support as one of the roles of the district nurse (DN) and community nurse (CN). Bereavement support is considered part of palliative care, which is a major role for all nurses. There is, however, a constant move to increase acute care in the home, questionable placing greater demand on DNs/CNs and primary care provision. Discussion in this article is framed around research into bereavement care in the community, existing guidelines, and policy drivers stressing its importance. Bereavement can result in depression, stress-related disorders, and high mortality; it is therefore imperative to understand the complexities, theoretical aspects, and implications of poor service provision. Palliative care is one of the primary roles of a DN, and it largely involves emotional support. It has been shown that DNs lack confidence and the skills to provide better bereavement support to families and carers of palliative care patients. Education, training, and time management are the main determinants of effective bereavement support. The need is to develop a standard collaborative approach to bereavement support and incorporate it into the palliative care role of DNs.
We were honoured and delighted to bestow an honorary degree on Professor Viv Bennett at our Faculty Graduation Ceremony on 24 June 2015. Viv is currently Chief Nurse at Public Health England: and is the Government’s Principal Advisor on Public Health Nursing. Viv trained as a nurse in Oxford in 1976 and worked in children’s nursing before training as a health visitor at Oxford Polytechnic in the early 1980s.

Viv will be giving one of the lectures in our 125 years prestigious lecture series in May and you can book to see her talk through this link: www.brookes.ac.uk/aboutbrookes/events

Congratulations to Emma Inness, lecturer who graduated from her MSc Open Award.

Congratulations to Prof Catherine Stoddart, Chief Nurse Oxford University Hospitals NHS Trust, who was awarded and Honorary Professorship at a graduation ceremony on 23 June, pictured here with Mike Foster, Deputy Director of Nursing, Oxford Health NHS Foundation Trust.

Brookes Nurse Wins Slimming Award

Oxford Brookes Nursing student Uways Pervez has recently been crowned Slimming World’s Young Slimmer of the Year 2015, after shedding an incredible 8st in nine months.

Uways weighed 20st 1.5lbs when he began his nursing degree at Oxford Brookes in 2012, and admits he struggled with the exhausting demands of nursing shifts in fast-paced emergency departments.

He was referred to a Slimming World group by his GP, and his dramatic weight loss achievements have since seen him feature in the Nursing Standard journal. Uways, who graduates this summer, is now looking forward to starting a new job in September at the emergency department in Horton General Hospital, Banbury.

Congratulations, Uways!

Congratulations to the Class of 2015 Swindon Adult Nursing Graduates!
# CALENDAR FOR 2015-2016

## JANUARY

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<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Event Description</th>
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<tbody>
<tr>
<td>21</td>
<td>5pm</td>
<td>Launch of 125 years events (JHBB)</td>
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<tr>
<td>21</td>
<td></td>
<td>Launch of Anniversary Booklet</td>
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<tr>
<td>21</td>
<td>6pm</td>
<td>125 yrs celebrations inaugural Lecture: Prof Brendan McCormack (JHBB)</td>
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<tr>
<td>31</td>
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<td>Start of week 1</td>
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## FEBRUARY

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<th>Event Description</th>
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<tbody>
<tr>
<td>17</td>
<td>6pm</td>
<td>Professorial Lecture: Prof Debra Jackson (JHBB)</td>
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<tr>
<td>25</td>
<td>5pm</td>
<td>Lecture: Prof Kim Usher (Marston Road)</td>
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## MARCH

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<tr>
<td>24</td>
<td>5pm</td>
<td>Dr Ann Bradshaw lecture: History of nursing post Nightingale (Marston Road) Followed by exhibition of Nursing history</td>
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<tr>
<td>25-28</td>
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<td>Easter break</td>
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## APRIL

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<tr>
<td>tbc</td>
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<td>Prof Kate Seers (Swindon)</td>
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<tr>
<td>19</td>
<td>5pm</td>
<td>Prof Lynn McDonald: History of nursing pre and including Nightingale (Marston Road) Followed by exhibition of Nursing history</td>
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<tr>
<td>23</td>
<td>9am</td>
<td>Fun Walk/ Run event (Harcourt Hill Oxford &amp; Swindon)</td>
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## MAY

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<tr>
<td>11</td>
<td>International Nurses week: OUHT, OH and OBU joint nurses events</td>
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<tr>
<td>12</td>
<td>International Nurses Day: OUHT, OH and OBU joint nurses conference</td>
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<td>13</td>
<td>International Nurses week: Student lunch</td>
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<tr>
<td>17</td>
<td>5pm Prof Viv Bennett (JHBB)</td>
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<tr>
<td>18</td>
<td>Health Matters debate on Dementia (Marston Road) Tours round hospitals</td>
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## JUNE

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<tr>
<td>7</td>
<td>Prof Sarah Kagan (Swindon)</td>
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<tr>
<td>tbc</td>
<td>Lecture: Prof Catherine Stoddart</td>
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<tr>
<td>19</td>
<td>Graduation week</td>
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<tr>
<td>tbc</td>
<td>Lecture: Prof Alison Kitson</td>
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## JULY

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<tr>
<td>tbc</td>
<td>Prof Patricia Davidson</td>
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## AUGUST

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<tr>
<td>5-21</td>
<td>Olympics</td>
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<tr>
<td>31</td>
<td>Graduation days</td>
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## SEPTEMBER

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<tr>
<td>1-3</td>
<td>Graduation days</td>
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<tr>
<td>1-3</td>
<td>Social event</td>
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<tr>
<td>5-9</td>
<td>All Together Better Health V111 conference in Oxford</td>
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<td>7-18</td>
<td>Para Olympics</td>
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<tr>
<td>11</td>
<td>Induction week</td>
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<td>Prof Debra Jackson (Swindon)</td>
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## OCTOBER

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<tr>
<td>tbc</td>
<td>Lecture: Ruth Norway Cathedral service</td>
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## NOVEMBER

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<th>Date</th>
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<tr>
<td>tbc</td>
<td>Lecture: Sarah Cowley</td>
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## DECEMBER

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<th>Date</th>
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<tbody>
<tr>
<td>tbc</td>
<td>Future of Nursing Debate (Oxford and Swindon Campuses)</td>
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