

Progression of skills, knowledge and understanding: Humans

- National curriculum level statements
 - Additional statements from QCA (2003)

Level	Characteristic of level
1	<ul style="list-style-type: none"> • Recognise and name external parts of the body (e.g. head, arm)
2	<ul style="list-style-type: none"> • Use their knowledge about living things to describe the basic conditions (e.g. a supply of food, water, air, light) that animals and plants need in order to survive. • Recognise that living things grow and reproduce. <ul style="list-style-type: none"> ➤ Describe in simple terms the changes that take place as humans grow.
3	<ul style="list-style-type: none"> • Provide simple explanations for changes in living things (e.g. diet affecting the health of humans) <ul style="list-style-type: none"> ➤ Know that humans need a good supply of air and clean water, a variety of foods and regular exercise in order to stay healthy. ➤ Know that the heart is a major organ and that its pumping action can be felt as a pulse.
4	<ul style="list-style-type: none"> • Use scientific names for some major organs of body systems (e.g. heart) and identify the position of these organs in the human body. <ul style="list-style-type: none"> ➤ Know that human diet needs to contain a variety of foods, in sufficient amounts, to stay healthy. ➤ Know that the heart works by pumping blood around the body. ➤ Know that blood passes through the body in vessels.
5	<ul style="list-style-type: none"> • Describe the main functions of organs of the human body (e.g. the heart). • Explain how these functions are essential to the organism. <ul style="list-style-type: none"> ➤ Know the major groups into which food is categorised and name some sources for each of these groups. ➤ Know that blood comes from the heart in arteries and returns to the heart in veins.

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| | <ul style="list-style-type: none">➤ Know that blood carries oxygen and other essential materials around the body.➤ <i>Identify</i> food as a fuel. |
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