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Welcome to the AUTUMN edition of our nursing newsletter.

We have had a great year with the 125 years in Nursing Education celebrations which ended in December 2016 and the launch of the new Oxford School of Nursing and Midwifery in June 2017.

The newsletter will give insight into our Department over the year and our great students and staff. This includes celebrating our 20 years of exchanges with the University of Pennsylvania in Philadelphia, success in teaching awards and our charity events.

Our Research Institute OXINMAHR (http://www.oxinahr.com/) has gone from strength to strength over the year led by Prof Debra Jackson

Please see link to its latest newsletter file:///C:/Users/p0030561/Downloads/Pulse%20Summer%202017.pdf

With Best wishes

Dr Liz Westcott

Department Head Nursing

Dr Helen Aveyard and Sarah Hallworth wearing a hat for Brain Tumour Research day
OXFORD SCHOOL OF NURSING AND MIDWIFERY

We are delighted to announce that the Oxford School of Nursing and Midwifery was officially launched in June 2017

This is a unique partnership between Oxford Brookes University, Oxford University Hospitals NHS Foundation Trust and Oxford Health NHS Foundation Trust, under the umbrella of the Oxford Academic Health Science Centre (OAHSC). It has been developed in response to a unique period of change for the professions of nursing and midwifery including changes to funding and bursaries for nursing and midwifery education. Against this backdrop Oxford Brookes, along with healthcare partners in Oxfordshire and Wiltshire responsible for educating and employing nurses and midwives, aspired to maximise the opportunity to increase collaborative working and change the model of nursing education and research.

The purpose of the School is to create a joint University and Trust environment that builds a sense of belonging. It will be founded on the highest quality educational and research experience, creating excellent clinical practice experience, lifelong learning and career development, and establishing an environment of strong clinical research in the respective disciplines.

The School will be unique because it will combine education, research and clinical practice in a way that has not been developed across these professions, under the umbrella of an AHSC, in the UK so far to date.

The first Director of the OxSONM is Andrew MacCallum. Andrew is a nursing graduate from Abertay University Dundee and Kings College London. He is currently a visiting professor at Plymouth University and has previously been visiting professor at Kings College London and London South Bank University. With over 30 continuous years of experience in the nursing profession, Andrew has gained an excellent record of achievement in improving quality, and managing and influencing change within large complex organisations.

Although he has worked mainly within acute care, Andrew also has extensive knowledge and appreciation of other healthcare and organisational settings, including higher education. Andrew has held board-level positions at Chelsea and Westminster Hospital NHS Foundation Trust, and latterly at Royal Cornwall Hospitals NHS Trust, where he was also the Interim Chief Executive on two occasions. Andrew was also the Interim Chief Nurse at the Oxford Universities Hospital NHS Foundation Trusts in the 2017.
Events

Swindon & Wiltshire Pride – 29th July 2017
On Saturday 20th August staff from the Swindon Campus supported the Swindon and Wiltshire pride Festival.

Hilary Currie and Lesley Maudsley took part in the Race for Life and raised over £500 in July!

Dragon Boat Presentation Evening in Swindon. Our Swindon Campus staff took part and raised £410 for the Brighter Futures charity.
CELEBRATING 20 YEARS OF THE NURSING STUDENT EXCHANGE COLLABORATION WITH THE UNIVERSITY OF PENNSYLVANIA

In April 2017, Professor Linda King, Pro-Vice Chancellor, Dr Liz Westcott, Department Head Nursing and Kathleen Greenway, Senior Lecturer Nursing and Academic Exchange co-ordinator, accompanied by Ros Alstead, OBE, Chief Nurse Oxford Health NHS Foundation Trust, and Mark Statham, Deputy Chief Nurse at Oxford University Hospitals NHS Foundation Trust, were hosted by their counterparts in the School of Nursing at the University of Pennsylvania to celebrate the 20th anniversary of the Oxford Brookes – Penn nursing student exchange programme.

They were warmly welcomed by the Dean of School Professor Antonia Villarruel and Professor Sarah Kagan, a Brookes Honorary Graduate, with an 'English tea party' celebration. Current Brookes student at Penn, Beth Kimani, shared her exchange experiences.

The event was also attended by International Exchanges and Study Abroad Manager Laura Ryhänen from Oxford Brookes International, Penn Abroad Director Nigel Cossar and Penn Abroad Program Manager Josh Pontrelli, as well as nursing faculty and exchange alumni.

Professor Sarah Kagan confirmed the programme to be the oldest, fully immersive nursing exchange in USA for adult nursing students. It is unique in its approach whereby modules from both institutions are mapped and exchanged, including the much valued nursing clinical placement. This has given us the opportunity to undertake research into the exchange process, its value and impact.

As Oxford Brookes moves into the next decade of the exchange programme, those involved are continually evolving our relationship. From 2017, together with an increase in places available to exchange, they will also welcome children’s nurses to the exchange for the first time, with plans for mental health exchange in the near future.
OBSEA PROJECT & GLOBAL CHALLENGE

Until you spread your wings, you don't know how far you could fly! This is what we were welcomed with by Brookes lecturers and after a full year, we can say that Brookes University has done everything possible to make this happen. So where are we now? We are almost at the end of the academic year with having had two amazing placements carefully organised by our PEMS team that opened our eyes to aspects that really matter! Our passion and commitment inspired by truly remarkable mentors (handpicked by Brookes!) has encouraged us to get involve in Oxford Brookes Social Entrepreneurs Award (OBSEA - https://www.youtube.com/watch?v=YTCOTvSbmXA&t=9s). Using our knowledge and skills, we were able to learn more transferable skills and created reports, infographics and Prezi and develop our presentation skills. All these helped us win the Dragon's Den Awards and qualify to present our passion at Global Challenge (one of the 22 institutions over seven countries worldwide http://www.oxfordglobalchallenge.com/?slide=home).

Admittedly, it was competitive and at times challenging (remember, we are Nursing students!) but with support from both our nursing department as well as other departments (business, IT, etc.) we were able to win funding totalling £3500 to support our idea. Our nursing lecturers, especially Andrew Kerry and Jon Revis, have been truly amazing and have accommodated our passion by organising one-to-one sessions to cover what we have missed as we were away organising and attending meetings with charity founders (Ray Edwards MBE, Finding your Feet, etc.), principal psychologists, amputees and their families. We were sold by the Faculty's willingness to listen to its students and once again, they did not disappoint! Having been invited to a Department Away Day with all our lecturers and PEMS team has given us to chance to see how the academic year is organised. This event was extremely insightful and has made us appreciate the hard work that goes into organising lectures, seminars, placements and ensuring the students get a positive experience and reach their potential. We have also seen that our opinions are listen to and we can influence the education we receive!

If you take anything away from our experience is that everything is possible and if you are really passionate about what you do (we are nurses!) then you are in the right place to make a difference!

Raluca Vagner & Pedro Faria Simas June 2017
BROOKES TEACHING
INNOVATION AWARD 2017 –
‘WRITING OUTSIDE THE BOX’

Dan Butcher, Jennifer Kirman, Marion Waite and colleagues from HSS and OCSLD have been successfully awarded a Brookes Teaching Innovation Award, 2017 for their cross-disciplinary project ‘Writing outside the box’. The team will look at how professional and academic knowledge can be conveyed in non-traditional ways, with storytelling as an alternative to the academic paper. They will use narrative as a tool, which can be easier to understand, and more familiar, than reflection. Using both fictional and non-fictional stories, they aim to help students explore their values and beliefs, and their developing professional identities as either beginning or experienced practitioners in nursing and teaching. These might include patient/health practitioner narratives, and critical incidents in professional practice, milestones in personal development, and apparently ‘mundane’ events which help people to understand who they are.

Through this project, they will embed narrative techniques into key modules and programmes in their disciplines, as part of formative and summative assessments, in teaching tools and techniques, and in teaching resources. For example, students will submit personal reflective narratives as formative tasks, practitioner and life stories will be used to prompt student engagement with key topics, and fiction and poetry will be included in course reading lists.

Outputs will be disseminated to the wider University of relevance to others disciplines and inform policy decision- making about assessment processes.

The project will run for two years and the team plan to participate in internal and external dissemination activities. The award, which consists of £5,000 is aimed at those who have already demonstrated excellence and their commitment to teaching and learning at Brookes; however the diversity of the team will bring less experienced colleagues along with disciplinary pedagogic scholarship.
GRADUATION CEREMONIES 2017

We were delighted to have a wide range of wonderful speakers for our graduation ceremonies this year.

In June Dr Helen Higham shared her experiences (Pictured with Dr Liz Westcott, Department Head Nursing and Clare Butler, Programme Lead for Advanced Practice). Helen is a Consultant Anaesthetist in the Oxford University Hospitals NHS Trust where she has worked since 2001, and a Senior Clinical Research Fellow in the Nuffield Department of Clinical Neurosciences at the University of Oxford.

As well as dividing her time between clinical practice and research, Helen has a keen interest in education. She holds wider roles teaching in Oxford University Hospitals, the University of Oxford and Oxford Brookes University, Helen is the Director of Undergraduate Teaching in the Nuffield Division of Anaesthetics. With a special interest in simulation based education, Helen is the lead for Simulation and Technology Enhanced Learning in the Oxford University Hospitals NHS Trust, and the Director of the Oxford Simulation, Teaching and Research Centre. Further promoting and developing simulation in healthcare education nationally, Helen has been an active member of the Executive Committee in the Association of Simulated Practice in Healthcare since it was formed in 2009. Finally, Helen is co-director of the Patient Safety Academy providing training and support to healthcare professionals in the application of human factors to improve quality and safety across Health Education England, Thames Valley.

In September Hilary Walker, Chief Nurse for Great Western Hospital NHS Foundation Trust (Pictured left)

Ros Alstead, OBE, Chief Nurse for Oxford Health NHS Foundation Trust addressed the students. (Pictured right with our new Pro Vice Chancellor and Dean Dr Astrid Schloerscheidt)
Congratulations to our Return to Practice Graduates of 2017 and we wish them every success being back on the NMC register as nurses

Many congratulations to our graduates from our Swindon campus
I was recently asked if I would attend the Florence Nightingale Student Day on behalf of Oxford Brookes University on May 17th, 2017. I had the opportunity to attend the conference during the day at St Thomas’s Hospital where I met other students from all over the United Kingdom and share our passion for nursing and clinical experiences. It was a chance to discuss issues and ideas for future practice and present these as questions to the panel which were leads from the nursing and midwifery profession. These questions were around future practice, research and clinical leadership. The conference highlighted many ideas that stimulated discussion and gave us all the chance to network and gain insight into different clinical areas.

Later, in the day we had the opportunity to see the chapel in St Thomas’s and speak with honorary Florence Nightingale Nurses. We all attended the museum and felt so inspired and motivated. The museum had many interesting items from Florence’s life and gave us insight into her clinical and private life. In the evening, we attended the lamp ceremony to celebrate Florence Nightingale at the commemoration ceremony at Westminster Abbey which is such a unique experience and one I will pass on to my future students in practice. This event reminded me of why I want to be a nurse and gave me the confidence to go out in practice and be positive and astute much like Florence herself. Delivering high standards of care is the pinnacle of patient safety and care and this event has strengthened my beliefs in nursing practice and enhanced my skills on how to collaborate with others from different clinical pathways. I will continue to stay in touch with the wonderful colleagues from this day.

Dawn Francis
29th June 2017
MENTAL HEALTH NURSING IN GEORGIA; A COUNCIL OF EUROPE AND EUROPEAN UNION JOINT PROJECT

In 2013 the Council of Europe, funded by the European Union, launched a programme aimed at improving the provision of health care in prisons and police detention facilities and strengthening the protection of human rights of those with mental disorders in prisons, police detention facilities and other closed facilities, such as psychiatric institutions. During the course of the programme it was identified that the role of the nurse in the penitentiary system required attention and development, and work needed to begin to establish mental health nursing as a distinct specialty – a concept that currently does not exist in Georgia. As a result I became involved initially with colleagues from Oxford Health NHS Foundation Trust and more recently as an independent consultant working in collaboration with Georgian clinicians. Over several months I led the development of a training programme for nurses working in prisons and other secure services designed to introduce them to the concept of mental health nursing, and equip them with fundamental knowledge and skills relating to the care of people with mental illnesses and disorders. The project involved collaboration with a Georgian psychiatrist and senior nurse and consultation with representatives from the Ministry for Corrections and the Council of Europe.

The culmination of the project was the delivery - in June and July of this year - of the 12 day training programme, its aim being not only to improve the participants’ knowledge and skills in relation to care of those with mental illnesses and disorders but also to identify those with the potential to develop teaching skills in order that they may go on to deliver further mental health nursing training.

Leading the first project of its kind in Georgia was both daunting and exciting; the sense of responsibility to my profession, to the project team, to the participants and to current and future patients felt overwhelming at times. The most significant challenge was in acknowledging the current reality in Georgian institutions – aspects of which I had seen for myself - whilst endeavouring to instil a sense of aspiration and hope for the future. It is hoped that the project will create a platform from which mental health nursing can begin to develop an identity and work towards becoming a recognised and valued clinical discipline.

Helen Ayres
Lecturer in Mental Health Nursing, Oxford Brookes University and Matron for Oxford Medium Secure Mental Health Services, Oxford Health NHS Foundation Trust
COLLABORATIONS ON THE HORIZON: OXFORD BROOKES UNIVERSITY VISIT TO HOSPITAL 57357 OPENS NEW CHANNELS OF COOPERATION BETWEEN BOTH INSTITUTIONS

Children’s Cancer Hospital 57357 in Cairo Egypt, recently welcomed a delegation from Oxford Brookes University for a 2 day reciprocal visit to explore potential collaboration in the Nursing field. A Hospital 57357 upper management delegation had already visited Oxford Brookes 3 months earlier.

We were taken on a tour of the different Hospital sections followed by an extensive meeting with the Nursing Department’s management team. The following day, we had the opportunity to meet with heads of different sections including: research, L&D and Infection control,. An MOU detailing the specific aspects of the collaboration was prepared and is to be signed subsequently by the two parties. Professor Linda King, Pro- Vice-Chancellor for Research and Global Partnerships details the 3 aspects of the collaboration as follows:

1- Supporting the 57357 Nursing team with more education and training.
2- Instituting a one year nursing fellowship to help develop nurses into educators.
3- Developing Nurse-led Research.

Professor King shared that she was greatly appreciative of the inclusive and comprehensive nature of the care that is being administered to the children as well as its family-centred aspect.

Dr. Ian Scott, Associate Dean for Student Experience, Faculty of Health and Life Sciences, explained he had received excellent feedback from the Nurses presentations and has great expectations for a successful collaboration. Ahmed Masoud, Head of International Partnerships, praised the level of integration of the Hospital with the community.

To wrap up, Dr. Liz Westcott, Department Head Nursing, and Julia Winter, Principal Lecturer Quality Assurance, expressed how the whole delegation was touched by the very warm welcome they had received. They added that nothing is more insightful than actually visiting and touring the Hospital to really appreciate what is being accomplished in 57357 for all the children with cancer.
NURSING STUDENT HELPS PATIENTS WITH DEMENTIA

In December 2016 when Dawn Shepherd was a first year Adult Nursing student at Witney Community Hospital, she helped Patients with Dementia, by making beautiful twiddle mats and donating them to the hospital over the Christmas vacation.

My inspiration behind the activity blankets is a kind gentleman patient who I have cared for on a few occasions and developed a great rapport with him and his wife. I take the time to say hello to them on every shift and check in with his progress and recovery from his stroke. One evening I walked past the bay and noticed a patient more unsettled than usual and in particular his restless hands. The patient would fiddle with pieces of tissues for a considerable amount of time. It was at that moment I realised he needed something more productive to keep his hands busy.

The next day I discussed with the patient what I had observed with his hands, explained to the patient the idea of a twiddle blanket and asked for his permission to create him a blanket. The patient appeared happy with the idea.

This was the week before Christmas, so knowing I had 2 weeks off over Christmas I decided I would create some for the ward too as I felt they would be great for dementia patients also. I set myself a goal of making 10 and spent every evening of my holidays designing and creating the blankets and finally completed them the night before I was due back on my first shift. I took them in to show the patient & let him have first choice from the fabric designs & the rest were given to the ward manager.

On reflection I just had a desire to do a little something extra to help. I had quite a few compliments from staff on the ward & requests from people to make more & sell them but advised that I really need to focus on my studies now :D

Dawn Shepherd Adult Nursing student
COMMUNITY SIMULATION

We welcomed local schools in Swindon to witness a simulation event at our new Joel Joffe Building in Swindon.
CONGRATULATIONS TO ...

Tine Panduro, adult nursing student, who applied and was accepted to participate in the Student Leadership Programme (SLP) supported by the Council of Deans for Health. The SLP is an exciting opportunity for selected students with particular leadership potential to further develop their skills through a four month programme providing intensive training in the essential knowledge and skills for future healthcare leaders.

Congratulations to Lesley Crabtree and Nigel Wellman for being nominated by students as the best academic advisor in the recent teaching awards and to Lesley (pictured below) who was awarded Best Academic Advisor at the Student Union Teaching Awards.
Our *Nursing Choir* was launched in the summer of 2016 and made its debut at the annual St Frideswide Civic service in Christchurch Cathedral in October 2016.

The Choir lead is Liz Jestico and she wrote a wonderful piece for the civic service which was dedicated to nursing. The Choir also sang carols to entertain sick children and staff at the Children’s Hospital in December.

Members of the choir also sang at the launch of the new Oxford School of Nursing and Midwifery in June 2017

The Choir is open to anyone who likes to sing and there is no audition

It meets on a Tuesday at 5pm at Marston Road site.

If you would like to join the Choir please email

*ejestico@brookes.ac.uk*
Oxford Brookes hosts Sigma Theta Tau, Phi Mu Chapter Annual Meeting and Inauguration

The Phi Mu Chapter is the England branch of the international Nursing society Sigma Theta Tau.

http://phimu.nursingsociety.org/home  https://www.nursingsociety.org

The Phi Mu Chapter (England) of Sigma Theta Tau International (STTI), Honour Society of Nursing provides leadership and scholarship in practice, education and research to enhance the health of all people. We support the learning and professional development of our members who strive to improve nursing care worldwide. STTI is a knowledge-focussed, technology enabled organisation.

A number of our local Oxford Brookes and local Trust had been nominated to join and were able to attend the inauguration ceremony in May 2017.

The purposes of Phi Mu Chapter are to: Promote and honour Leadership, Scholarship and Research that culminate in the enhancement and advancement in the practice of the art and science of Nursing. The Chapter:

- Recognises the development of leadership qualities
- Fosters high professional standards
- Encourages creative work
- Strengthens commitment to the ideas and purposes of the nursing profession
- Recognises superior achievement in nursing and health care

Goals

- STTI is a valued, relevant and meaningful organisation for members and nurses worldwide
- STTI is an intentionally global organisation
- STTI is a thought leader in creating and sharing knowledge and in leadership development
WELCOME TO NEW STARTERS AND ALUMNI

We said a big hello to our new students this September in Oxford and Swindon and you are all very welcome.

We also said welcome back to some of our nursing Alumni at the first of our Nursing Alumni Saturdays and thanks to Professor Sarah Kagan for kicking this off with a great seminar.
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