



Health Education
England

Mental Health Crisis Support Training

(For Thames Valley NHS and Police Staff)



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Invitation

Join us for an insightful and stimulating 'Mental Health Crisis Support Training' day that will equip you with the skills, knowledge and understanding to care for individuals who may be in mental health crisis.

Why You?

Due to the increased prevalence of mental health in the UK and in-line with the Five Year Forward View for Mental Health, it is acknowledged that many healthcare professional may encounter individuals experiencing a mental health crisis. As an experienced professional in your field of expertise, you are best placed to care and support those individuals who may experience a mental health crisis, therefore this training is designed to equip you with the skills and knowledge to help inform your practice.

What Is 'Mental Health Crisis Support' Training?

Mental Health Crisis Support Training is a single day, scenario-based workshop (supported by an e-learning package) designed to support non-mental health trained NHS and police staff working within Thames Valley who may care for or support people in mental health crisis. To best support the workshop, an e-learning package is also available in advance of the study day which is designed to help inform your learning needs and those scenario-based exercises on the day.

What Will I Learn?

Over the course of the e-learning package and single face to face study day, we will aim to equip you with the skills and knowledge to:

- Recognise when an individual is in distress and maybe experiencing a mental health crisis
- Support people experiencing mental health crisis using a range of verbal and non-verbal communication skills
- Understand mental health law as it pertains to your role
- Identify when, why and how to escalate concerns with somebody is experiencing a mental health crisis
- Recognise the role you have in supporting an individual in crisis
- Develop mental health skills
- Increase confidence when supporting people in mental health crisis
- Act as a champion to reduce stigmatising attitudes

Study Day Dates

Face to face study days will be run at:

University of Bedfordshire Bedford Campus

- Wednesday 25th October 2017
- Wednesday 22nd November 2017

Milton Keynes Campus

- Wednesday 13th December 2017
- Thursday 14th December 2017

Aylesbury Campus

- Thursday 16th November 2017
- Thursday 7th December 2017

University of West London Berkshire Institute of Health, Fountain House, Reading

- Monday 16th October 2017
- Monday 20th November 2017
- Monday 11th December 2017

Oxford Brookes University

- Tuesday 7th November 2017
- Wednesday 29th November 2017
- Thursday 11th January 2018
- Tuesday 23rd January 2018

N.b. E-learning packages will be available in advance once individuals are booked onto the study day. Other dates may be added in collaboration with partner organisations and at the discretion of the respective university

Maudsley Simulation

The Maudsley Simulation team provide specialist simulation study days and half days, recognised internationally for the quality of their provision. They will be delivering simulation training to Thames Valley NHS and police staff wishing to extend their skills and/or act as a mental health champion/ambassador for their organisation. Simulation is tailored to meet the needs of the following groups of practitioners:

- Ambulance and police service
- General practitioners
- Urgent and emergency care practitioners
- Emergency department staff
- Walk-in centres
- Out of hours facilities practitioner staff

- Those who work with children and young people with mental health conditions

This training will be offered locally and places are limited.

How To Access The Specialist Simulation Training

Please contact the Education and Training department within your organisation to access the specialist simulation training days.

Joint Ambulance and Police services simulation training will be run at:

South Central Ambulance Service
Simulation Suite Newbury

Simulation Training Dates

- Monday 18/12/2017
- Tuesday 19/12/2017
- Wednesday 20/12/2017
- Monday 15/01/2018
- Tuesday 16/01/2018
- Wednesday 17/01/2018
- Thursday 18/01/2018
- Tuesday 06/02/2018
- Wednesday 07/02/2018

GP Simulation Training

Venues and dates TBC

Urgent And Emergency Care Practitioner's Simulation Training

Venues and dates TBC. Ask your Trust Education Lead for details.

Mental Health Crisis Support Training

What Is The Cost?

As part of this Health Education England mandate, Health Education England Thames Valley has commissioned this training package to support the healthcare workforce, and is therefore free of charge to all NHS and Police Staff across Thames Valley.

How Do I Book?

Subject to capacity on the face to face study days, all training sessions listed overleaf are available on a first come first served basis. All bookings should be made directly with those University Leads who can signpost you to the respective booking process. Prior to contacting those Leads, please ensure you have gained the support of your manager or organisational training and development lead.

Useful Contacts

Enquiries

Contact the University lead for this training programme

University of Bedfordshire

Charles Kpodo
Senior Lecturer in Clinical Human Factors and NHS Projects Lead
Email: Charles.Kpodo@beds.ac.uk

University of West London (UWL)

Reuben Pearce
Senior Lecturer in Mental Health
Email: Reuben.Pearce@uwl.ac.uk

Oxford Brookes University (OBU)

Aaron Isted
Head of CPD and Training Unit
Email: aisted@brookes.ac.uk

Useful Websites

Health Education England

<https://www.hee.nhs.uk/hee-your-area/thames-valley>

University of West London

<https://www.uwl.ac.uk/>

University of Bedfordshire

<https://www.beds.ac.uk/>

Oxford Brookes University

<http://www.brookes.ac.uk/>

Buckinghamshire Mind

<https://www.bucksmind.org.uk/>

The Maudsley Simulation

<http://www.maudsleysimulation.com/>