**Risk Assessment - Appendix 1**

**Homeworking Display Screen Equipment (DSE) Risk Assessment Form**

If you are using Display Screen Equipment at home, please complete this form and return it to your line manager.

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| --- | --- | --- |
|  | Yes | **No** |
| 1. Have you received training in the health and safety aspects of using DSE equipment?
2. Is there sufficient space for the work tasks you have to carry out?
3. Are you able to arrange the workstation to carry out the tasks comfortably?
4. Can the chair be adjusted for a comfortable position while working at the DSE?
5. Are your feet able to comfortably rest on the floor/footrest?
6. Is the screen clean, easy to read and steady with no flicker?
7. Can the screen be adjusted for a comfortable viewing position?
8. Is the screen free from reflection and glare?
9. Can you adjust the brightness and contrast easily?
10. Is the light level satisfactory for using DSE?
11. Do you take regular breaks from the screen?
12. Are you suffering from any health issues that could be attributed to working at the DSE?
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| --- | --- |
| **Name of Homeworker:** |  |
| **School/Directorate:** |  |
| **Date:** |  |

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| --- |
| **Action required (if any)** |
| **Agreed by Head of Directorate/Head of School:** |  |
| **Date:** |  |