Lockdown calendar
Friday 13 - Thursday 19 November

We know lockdown will be hard for everyone, especially when you’re unable to see friends and family. We’ve rounded up a snapshot of the many things you can do during the next month to meet new people, gain new skills or simply look after yourself. If you spot something you’re interested in click on the activity name or link to find out more.

<table>
<thead>
<tr>
<th>13 November</th>
<th>14 November</th>
<th>15 November</th>
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</thead>
<tbody>
<tr>
<td>ACADEMIC SUPPORT:</td>
<td>Study Skills Zoom drop in</td>
<td>12 noon</td>
<td>Youtube</td>
<td>Fitness:</td>
<td>Brookes Sport Pilates</td>
<td>8.00pm</td>
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<td>SOCIAL:</td>
<td>Talkabout - part of the International English Club</td>
<td>2.00pm - 3.00pm</td>
<td>Youtube</td>
<td>Meditation for relaxation</td>
<td>12 noon - 12.30pm</td>
<td>Youtube</td>
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<td>WATCH:</td>
<td>Brookes student Rosie Clear in BBC Children in Need's Rickshaw Challenge</td>
<td>7.00pm</td>
<td>Youtube</td>
<td>Event:</td>
<td>Thrive: Unlock the secrets of building your network</td>
<td>12 noon - 1.00pm</td>
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**Wet weekend ideas**

Go to the zoo - Catch up on Chester Zoo virtual zoo days.

What’s on at the online theatre.

10 of the world’s best virtual museum and art gallery tours

BBC Arts - Culture in Quarantine, bringing arts and culture into your home - www.bbc.co.uk/arts

Take a virtual tour of Oxford’s museums - Oxford Museum of Natural History, Pitt Rivers Museum, the Ashmolean and the Bodleian Library


Get outside and explore Oxford or Swindon on foot.

Attend a virtual concert or live stream music event

Cook a new recipe, join a baking lesson online or follow the Recipes for the People Instagram account for inspiration!