go with your

GUT INSTINCT

rye crisp bread with yogurt dip.

half a smoked mackerel & half a spiced chickpea beetroot-pickled scotch egg in sourdough breadcrumbs with kefir* tartare sauce.

spiced chickpea beetroot-pickled scotch egg in sourdough breadcrumbs with kefir* tartare sauce. (v)

honey-roasted duck breast with fermented applesauce, fondant potato, sauerkraut, glazed carrots, panko-breaded tofu & duck jus.

pan-fried ricotta gnocchi with tofu, pickled radish & broad beans all in a miso dressing. (v)

dark chocolate miso mousse with white chocolate TOAD vodka soy ice cream, raspberry coulis & a cinnamon crumble. (v)

* kefir is not suitable for pregnant women
** please make us aware if you have any specific allergies or intolerance in advance
** all items in bold are related to fermentation or pickling